



# WOMEN'S YEAR OF GROWTH

Join the women of Temple Beit HaYam one Sunday a month as we explore personal growth through Jewish Values

COURAGE \* GRATITUDE \* HUMAN DIGNITY \* LEARNING & GROWTH  
FAITHFULNESS & TRUST \* UNITY & MUTUAL RESPONSIBILITY \* GRATITUDE  
PEACE & WHOLENESS IN THE HOME





## Year of Growth Schedule

- 8/26/18 Nurturing Family: Peace and Wholeness in the home *Elul*
- 9/23/18 Awakening your soul: Faithfulness and trust. *Rosh Hashannah*
- 10/21/18 Unplugging to Connect: *Shabbat*
- 11/18/18 Getting Great at Being Grateful: Gratitude
- 12/16/18 Igniting Yunity: Sisterhood and Unity. *Hanukkah*
- 1/27/19 Guarding and Gardening: Protecting the World Around Us *Tu B'Shevat*
- 2/24/19 Human Dignity: Rising with Gravitas *Kevod Habriyot*
- 3/24/19 The Blessing of Being Bold: Courage *Purim*
- 4/14/19 Being Your Child's Best Teacher: Teaching our Children Passover
- 5/19/19 The Homecoming Dance: Home and Homeland Israel Independence Day
- 6/23/19 The Gift of Giving: Loving-Kindness and Generous Giving *Shavuot*
- 7/21/19 Be a Woman of Your Word: The Power of Speech

The Women's Year of Growth is a partnership between the Temple Beit HaYam Sisterhood and TBH Adult Ed. Classes will be held in the Memorial Chapel at TBH. 10-11:30 (9:30 Schmooze) For more information, contact Tara Zweben.  
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